

February Calendar of Events

- January 30th **Chili Lunch—11:15 am**
- February 6th **Souper Bowl Sunday-bring in a cans of soup**
- February 6th **Annual Congregational Meeting-11:15 am**
- February 9th **Good News Bible Study—11:30 am**
- February 13th, 20th, 27th **New Member Classes—11:30 am**
- February 17th **Evening bible Study**
- February 20th **Mini Bake Sale**
- February 21st **Book Club**

WPLC Book Discussion Group

Meetings will be held at 7 PM at the church the following dates: February 21, March 21, April 18 and May 16. Announcements will be made of the books to be discussed in upcoming bulletin inserts. For further information contact Sandy Sannes at 414-425-5634.

- **Please bring non-perishable food for Hope House on Sundays**
- Please bring your **aluminum cans and Campbell labels** on the second **Sunday, February 13th, ONLY**.
- **Dorcas Circle** meets **Tuesdays at 9:00 am.**
- **Sunday School at 10:15 am—meets in church Sunday, February 13th.**
- **God’s Young Voices—meets Sundays at 9:40 am.**
- **Senior Choir** meets every **Wednesday at 7:30 pm.**
- **Health and Wellness** meeting, **Friday, February 25th** at 10:00 am.
- **Worship & Music** meets **Tuesday, February 8th,** at 7:00 pm
- **Good News Bible Study** meets **Wednesday, February 9th at 11:30 am.**
- **OWLS** meet on **Thursday, February 10th,** at **8:30 am** at Forum Restaurant
- **Property committee** meeting **Tuesday, February 8th,** at 6:30 pm.
- **Christian Education** meeting **Tuesday, February 1st** at 7:00 pm
- **Evening Bible Study** meets **Thursday, February 17th,** 7:00 pm.
- **Friends** meet **Tuesday, February 22nd at 9:30 am.**
- **Parish Nurse, Barb Estrada** is here—**February 4th & 23rd.**





Sunday, January 30, 2011
11:15 a.m.

Sponsored by the WPLC Property Committee

All Proceeds go to Parking Lot Fund





Concussion in Children

If you are a NFL fan you are aware that officials are paying closer attention to head injuries that cause a concussion. Pro football players are sitting out games until they are evaluated by a neurologist and cleared. I recently read an article about concussions in children who play sports and want to pass on some of that information.

According to a new study published in the January issue of Journal of Athletic Training, girls and boys report different types of symptoms after suffering sports-related concussions. Researchers studied 812 reported concussions from 100 high schools across the nation and found that girls were more likely to suffer neurobehavioral and somatic symptoms, namely drowsiness and sensitivity to noise than boys. Male high school athletes, on the other hand, were more likely to report cognitive symptoms, particularly amnesia and disorientation, than girls. These findings carry important consequences for both concussion management and diagnosis.

It's unknown what causes these gender differences in symptoms. Research is being conducted to determine if the cause is in brain response, hormonal differences, or maturation in brain development between boys and girls.

The most common symptoms of concussion are a bad headache, dizziness, confusion, disorientation, memory loss or loss of consciousness, vomiting, seizure, extreme sleepiness and poor concentration. The leading causes of concussions (also known as mild traumatic brain injuries) are falls, accidents, firearm misuse and sports or recreational activity.

The Center of Disease Control and Prevention recommend that everyone should take preventative measures to avoid head injuries every day, including:

- Always wearing a safety belt and approved child car seats while driving.
- Wearing a helmet while biking, playing contact sports, skating, skiing, snow boarding, and rollerblading.
- Childproofing your home and providing a safe place for children to play.

Parents, coaches, and athletic trainers need to recognize all of the signs and symptoms of concussion including the subtle changes that can occur between boys and girls and respond correctly to prevent further injury and ongoing problems.

Thank You to Glenn Winger for once again stepping up to the plate and providing his expertise, time and cost to adding casters to the chairs in the library. Everyone who attends meetings in the library are very appreciative of being able to move a little easier and sitting a little higher! ... Thanks, Glenn!



Thank you to all those who helped to decorate the Church Sanctuary for Advent and Christmas seasons.

Early in the season, Magyera's offered a large bag of pinecones and from that time on, the mood was set to decorate with a more traditional feel this year. Our poinsettia plants come from Morgan Avenue Greenhouse. The owner works with a few other local growers who all take a lot of pride in the plants that they offer. This year we chose the burgundy and "white" Poinsettias, which were absolutely beautiful. Each plant was placed in the sanctuary in honor or in memory of someone or something near and dear to our members' hearts...thank you for taking part in this special season of love.
—Sharon Hause



The Altar Flower calendar is up. Please pick a date to remember or honor someone special to you and place flowers on the altar. Thank you.



Dear Brothers and Sisters in Christ,

As I write this month's newsletter article, my thoughts are drifting to this past Sunday's service, when we celebrated the **Baptism of our Lord**. It was a time when we recognized not only the formal beginning of Jesus' ministry, but also remembered those 16 children of God and members of WPLC that we welcomed in the year 2010...and of course honored all the baptized everywhere. It's an amazing gift to be enfolded into the grace, mercy, peace and life of God in those mysterious waters!

Baptism is one of those "mysteries of God" about which we can only know so much. We try to understand as best as we can, but ultimately turn to the love of God and the promise He's made to us in Christ as we embrace that Holy mystery. Once we are baptized, we can have the faithful assurance that God is with us no matter what we face in life and find comfort in that presence...if we can't rely on what God promised, than we are truly lost!

Now, thinking about this unending presence of God...I'm reminded of a story handed to me by one of our members...I hope you enjoy it and see the promise embedded in it:

Do you know the legend of the Cherokee Indian youth's rite of passage?

His father takes him into the forest, blindfolds him and leaves him alone.

He is required to sit on a stump the whole night and not remove the blindfold until the rays of the morning sun shine through it. He cannot cry out for help to anyone.

Once he survives the night, he is a MAN.

He cannot tell the other boys of this experience, because each lad must come into manhood on his own.

The boy is naturally terrified. He can hear all kinds of noises.

Wild beasts must surely be all around him.

Maybe even some human might do him harm.

The wind blew the grass and earth, and shook his stump, but he sat stoically, never removing the blindfold. It would be the only way he could become a man!

Finally, after a horrific night the sun appeared and he removed his blindfold.

It was then that he discovered his father sitting on the stump next to him. He had been at watch the entire night, protecting his son from harm.

Life is like a rite of passage for all of us.

We, too, are never alone. Even when we don't know it, God is watching over us, sitting on the stump beside us. When trouble comes, all we have to do is reach out to Him.

Thanks be to God for His unending presence...may you always see Him in your midst.

Pr. Michael

**From M.E., Kelly Brown
Minister of Education**

Happy New Year!

As we start another new year – think about how we spend it! If God granted you 70 years of life, you would spend:

- 24 years sleeping
- 14 years working
- 8 years in amusement
- 6 years at the dining table
- 5 years in transportation
- 4 years in conversation
- 3+ years in upper education
- 3 years reading
- 3 years in front of the television
-

If you went to church every Sunday and prayed 5 minutes every morning and night, you would be giving God 5 months of your life.

5 months out of 70 years??

**With an "Oink Oink" here
and a "Quack Quack" there,
here a "Neigh" there a "Neigh"
everywhere a "Woof Woof".**

During this Lenten Season, the Sunday school children will be working on filling our ark. Our goal is to fill the ark with animals, by doing **Acts of Random Kindness**. Each time an act of kindness is completed, the children will take a paper animal and write their name and act of kindness completed. The animal is then placed on the ark. Whether it be holding the door for someone, helping a neighbor in need or just giving a big smile to a stranger – any act big or small is welcome

Now, this doesn't just have to be for Sunday school. Anyone can participate. In fact, we encourage everyone to be kind and lend a hand.



John 13:34

**I give you a new
commandment, that you love one
another.**

**Just as I have loved you,
you also should love one another**

Birthdays

1	Karen Budic		Joann Wollmer		Chad Thome
	Bradford Cheney	12	Julie Dlouhy	26	Sandy Johnson
2	Ericka Pasersky		Shirley Koniecki		Thomas Nelson
	Karl Vierthaler	13	Alison Thompson		Joanna Stollenwerk
5	Connor Braun	15	Sharon Hause	27	Lorraine Graef
	June Hackbart		Betty Senft		Elsie Hansen
	Carolyn Staats	16	Louise Ludwig		Duane Hause
6	Katie Katschke	17	Sally Cole		Lucas Hoffmann
	Patricia Noeske	18	Nancy Ahles	28	Fred Ludwig
	Jessica Williamson		Scott Keske		Alexander Metzger
7	Joseph Seaks		Patricia Messenger		Lori Ridder
8	Nancy Sherman		Lee Robbins		Laura Untiet
9	Andrew Bainbridge		Kristen Wiza		
	Travis Brugger	19	Kristine Laposki		
	Makayla Metzger		Ronald Sonntag		
10	Betty Hembrook	21	Bonnie Hareng		
	Evan Knier		Sarah Schlueter		
	Max Ringwall	23	Thomas Laposki		
11	Brent Rice		Patricia Suderland		
	Carol Welch	25	Donald Jeske		

Anniversaries

- 10 Ray & Diane Remington
- 14 Evelyn & Don Schubert **58**
- 15 Tricia & John Henneberry
- 22 Roger & Gloria Brinkmeier

Proposed Constitutional Amendment

Resolved that C.12.02 of the Constitution for Whitnall Park Lutheran Church be amended to read: The members of the Congregation council, except the Pastor(s), shall be elected at a legally called meeting of the Congregation during the first week of the month of February.

Approximately half of the members (a minimum of three) shall be elected in alternate years to assure continuity on the Council. Their term of office shall be for two years with the term of office beginning on March 1, and ending on the last day of February, two years later. Newly elected Congregation Council members shall be installed at a worship service on a Sunday after their election and prior to the date at which they assume office. No one shall be elected for more than three consecutive terms.

Senior High School Endowment Fund Scholarships

All seniors currently in their senior year are encouraged to apply for the \$750 scholarship offered by the Endowment Fund, to be used to further their education at either a college, university, or technical school. The application form is available from the church office or you may download it from the church website (www.wplc.net). Deadline is April 15th, 2011. Please be sure to obtain all required paperwork prior to submitting the application.

Cookbook Corrections:

Please pass this information on to other cookbook owners:

Page 172 – Add: 3/4 c. unsweetened cocoa to the cake ingredients

Page 44 – Add: 1/2 c. sugar to dressing ingredients, more or less to taste.

“*Favorite Family Treasures – Then & Now*” has certainly been a successful endeavor. We are well into the profit category with about **280 books left** in inventory! They evidently made wonderful Christmas gifts because people are coming back to buy additional copies...thank you for your purchases and “word-of-mouth” promotions. And...seeing as how we only have two corrections at this point, I think our committee did a great job in its creation.

—Sharon Hause

Social Ministry Update:

"Souper" Bowl of Caring!!! Sunday, February 6th

The "*Souper*" *Bowl* project is your opportunity to join forces with thousands around the United States to raise money for the charity of their choice.

Members of Whitnall Park are encouraged to bring **cans of soup** (any size or variety; chili with beans, spaghetti with meatballs, hash, pork and beans, beef stew, and any other canned meal are also welcome as well as any other non-perishable food item) or **drop dollars into the soup kettles** placed at both entrances to the church sanctuary. The cans will go to the South Side Food Pantry at Hope House, and the money collected will go to the Hunger Task Force. Please transform the nation's biggest day of football into the "*Souper Bowl of Caring*" with your gifts.

Mitten Tree

Thanks to everyone who placed mittens, gloves, hats, caps, and scarves on the Mitten Tree in Hornburg Hall in November and December. The overflowing generosity allowed 112 pairs of mittens or gloves, 95 caps or hats, 52 scarves, 49 sets of two or all three of the items, and 2 child's coats to be delivered to Hope House on Sunday, December 19th. These items will be used as Christmas presents or to keep people warm throughout the winter.

From My Perch:

Late on New Year's Day my family and I were driving home from my aunt and uncle's home in Hales Corners having celebrated a late Christmas with cousins, etc. We drove by the church, and my husband pointed out the church sign. What a welcome!!! I have received e-mails and phone calls from friends and family, church members at Prince of Peace and colleagues at Alverno who saw the sign.

I can't thank all of you enough for making my family and I feel so very welcome at Whitnall Park Lutheran. I am enjoying meeting you and have appreciated those of you who have helped get my office up and working, those of you who brought treats for the reception, those of you who have already shared ideas and all of you who have introduced yourselves and your families. It has been a wonderful first couple of weeks.

A couple of the children asked me how to make the pennies "shiny" at home, so this is the recipe: equal parts of white vinegar and lemon juice and a tablespoon of salt for every two cups of liquid. Mix, place in the pennies in the mixture, wait 20 seconds, flip them, wait another 20 seconds and they should be shiny.

In the next few months, I will be teaching some of the confirmation classes, preaching another children's sermon, working with the Book Club and setting up some adult education and fellowship opportunities. I welcome any and all ideas. I am at the church on Monday, Tuesday and Thursday from 9 a.m. – 3 p.m. I will also be with you most Sunday mornings. I also enjoy e-mail, so feel free to communicate with me that way also. My address is:
robinbrodie@yahoo.com.

The name of my report is a name I used as a columnist for a newspaper I worked for several years ago. It has been fun to bring it back.

In faith, I remain,

Robin Nehring Brodie



**February 6 *SOUPER BOWL* SUNDAY-BRING A CAN OF SOUP
ANNUAL MEETING AT 11:15 AM**

- 8:30** Assisting Minister **Kristin Martins** Acolyte **Michelle Rubenzer**
Ushers **Jim Shea, Carl Hanson**
Greeter **June Jensen**
Altar Guild **Jim & Linda Shea**
- 10:15** Assisting Minister **Kraig Sorvick** Acolyte **Tyler Henneberry**
Ushers **Ron Noeske, Paul Saari, Gregg Saari**
Greeter **Karon Hedlof** Nursery **Heidi Martin**
Altar Guild **Marilyn King**

February 13 Sunday school meets in church/Services with Healing

- 8:30** Assisting Minister **Jane Dillon-Perkl** Acolyte **Maria Sparacino**
Ushers **John Hembrook, Ken Perkl, Jerrijo Cowman**
Greeter **Evelyn Klug**
Altar Guild **Bernice Sparacino**
- 10:15** Assisting Minister **Kris Laposki** Acolyte **Amber Martin**
Ushers **Tom Laposki, Brian and Kristi Peyer**
Greeter **Elsie Hansen** Nursery **Laura Rakow**

February 20


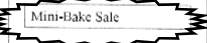
- 8:30** Assisting Minister **Lou Graef** Acolyte **Melanie Saari**
Ushers **Jim and Linda Shea**
Greeter **Joan Lance**
Altar Guild **Evelyn Schubert**
- 10:15** Assisting Minister **Laurie Sorvick** Acolyte **Andrew Schlueter**
Ushers **Larry Pfeil, Jack King, Brian Martin**
Greeter **Joan Henderson** Nursery **Dorothy Saari**
Altar Guild **Marilyn Medeiros**

February 27

- 8:30** Assisting Minister **Marjorie Pagel** Acolyte **Maddison Underberg**
Ushers **Jim Gaffney, Duane Hause, Lyle Lance**
Greeter **Louise Ludwig**
- 10:15** Assisting Minister **Mike Sparacino** Acolyte **Sarah Schlueter**
Ushers **Jerry Pagel Jerome Thome, Walter Sievert**
Greeter **Marilyn King** Nursery **Sue Schlueter**
Altar Guild **Pat Noeske with Sandra Martin**

February 2011

Whitnall Park Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Souper Bowl Sunday— Bring in cans of soup!</p> </div>		<p>1</p> <p>9:00 AM Dorcas 1:00 PM Knitting & Crocheting 7:00 PM Christian Ed meeting</p>	<p>2</p> <p>7:30 PM Senior Choir</p>	<p>3</p>	<p>4</p> <p>9:30 AM Parish Nurse Pastor's day off.</p>	<p>5</p>
<p>6</p> <p>8:30 AM - 10:15 AM WORSHIP 9:40 AM God's Young Voices 10:15 AM Sunday school 11:30 AM Annual Meeting ← 11:30 AM Confirmation Class</p>	<p>7</p> <p>7:00 PM Dartball League LEAF ARTICLES ARE DUE</p>	<p>8</p> <p>9:00 AM Dorcas 1:00 PM Knitting & Crocheting 6:30 PM Property 7:00 PM Worship & Music</p>	<p>9</p> <p>11:30 AM Good News Bible Study 7:30 PM Senior Choir</p>	<p>10</p> <p>8:30 AM OWLS meet at the Forum</p>	<p>11</p> <p>Pastor's day off.</p>	<p>12</p> <p>Sunday school meets in church tomorrow at 10:15 am</p>
<p>13</p> <p>8:30 AM - 10:15 AM WORSHIP 9:40 AM God's Young Voices 10:15 AM Sunday school 11:30 AM New Member Class Services with Healing</p>	<p>14</p> <p>7:00 PM Dartball League  VALENTINE'S DAY</p>	<p>15</p> <p>9:00 AM Dorcas 1:00 PM Knitting & Crocheting</p>	<p>16</p> <p>7:30 PM Senior Choir</p>	<p>17</p> <p>9:30 AM Assemble the LEAF 7:00 PM Evening Bible Study</p>	<p>18</p> <p>Pastor's day off.</p>	<p>19</p>
<p>20</p> <p>8:30 AM - 10:15 AM WORSHIP 9:40 AM God's Young Voices 10:15 AM Sunday school 11:30 AM Confirmation Class 11:30 AM New Member Class  Mini-Bake Sale</p>	<p>21</p> <p>7:00 PM Dartball League President's Day <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>7:00 pm Book Club</p> </div></p>	<p>22</p> <p>9:00 AM Dorcas 9:30 AM Friends Meeting 1:00 PM Knitting & Crocheting 7:00 PM Council Meeting</p>	<p>23</p> <p>9:30 AM Parish Nurse 7:30 PM Senior Choir</p>	<p>24</p>	<p>25</p> <p>10:00 AM Health & Wellness meeting Pastor's day off.</p>	<p>26</p>
<p>27</p> <p>8:30 AM - 10:15 AM WORSHIP 9:40 AM God's Young Voices 10:15 AM Sunday school 11:30 AM New Member Class</p>	<p>28</p> <p>7:00 PM Dartball League</p>	